GETTING TO NET ZERO
Michael Panczykowski, AIA

Commercial and Residential buildings consume more than one-third of the world's energy. In the United States, buildings account for more than 40 percent of energy consumption, including over 70% of electricity generation.

Increasingly, net zero energy design principles are growing in importance to the Government due to increasing costs of fossil fuels and their negative impact on the planet's climate and ecological balance. However, many clients, including the Department of Defense have little grasp on what it takes to achieve Net Zero for buildings.

In this presentation, Michael will discuss the design of the Award Winning, Mission Support Group Complex at Barksdale Air Force Base, LA which was slated to be the first Net Zero building for the Global Strike Command. While ultimately the project limitations prevented it from qualifying for Net Zero status, this informative discussion will cover the options considered and the investment required to reach the Net Zero energy goal.

Speaker Bio
Michael Panczykowski, AIA is Senior Vice President with Pond & Company in charge of Pond’s national architecture practice. A graduate of the University of Colorado, Michael has spent his career focused on the design of sustainable facilities, well before they became in vogue. His studies have included active and passive solar systems to include radiant heating, Trombe walls, daylighting concepts and photovoltaics.

Over his 33 year career Michael has garnered 16 national design awards, 12 of which were for the Department of Defense. His experience also includes Chairperson for the DoD committee that developed national housing design standards for Army, Navy and Air Force family housing, Bachelor Officer Quarters, and General Officer housing.

Michael has also has the pleasure of serving as Jury Member for the Air Force’s Design Awards program on several occasions.
SB West of the Fort Worth Post SAME participates in an annual classic car show at the Wounded Warrior Center at Brook Army Medical Center in San Antonio, TX. The photo (left) shows one of the wounded warriors and his son sitting in J B West 55 Pontiac during 2011 annual car show.

Another show is scheduled for October 2012. If you are interested in either attending or making a donation to the Wounded Warrior Center at Brook Army Medical Center contact J.B. West at Warwagon16@gmail.com

SAME FORT WORTH POST GOLF TOURNAMENT
Date: October 5, 2012
Location: Iron Horse
6200 Skylark Circle
North Richland Hills, TX 76180
Time: Registration – 7:15 am
Shotgun Start – 8:00 am
Lunch and Awards – 12:30 – 2:30

As Sustaining Member firms, you’re being contacted first for Hole and Prize Sponsorships. If you have any questions, please contact Angie McCullough at amccullough@cmjengr.com

We look forward to seeing you all out there!

2012 TEXOMA-MISSOURI RIVER JOINT ENGINEER TRAINING SYMPOSIUM (JETS)
San Antonio, Texas

The website and registration is open for our JETS (the new title for Regional Conferences) in Oct 2012 being hosted by the San Antonio Post at Crowne Plaza Hotel San Antonio – Riverwalk.

Crowne Plaza Hotel San Antonio – Riverwalk
210.354.2800
111 East Pecan Street
San Antonio, Texas 78205

Go to http://www.regonline.com/2012sametexomaregionalconferencesixflagsoftexas
IT’S TRINITY RIVER TRASH BASH TIME AGAIN!
Saturday, September 15th, 8:30 am to 11:30 am

It’s that time of year again for the 21st Annual Trinity River Trash Bash on Saturday, September 15th, 8:30 am to 11:30 am.

» We have grown so much over the last 20 years that we’ve added yet ANOTHER location! The new location is Airfield Falls located near NASJRB Carswell. This area will be a challenge to clean up as it has set untouched for many, many years.

» We have also improved our online registration. You no longer have to printout the liability release form. After registering, click on the “Release Agreement” button, read it and click on the “I Agree” button then submit.

» We will be offering early pick up on Thursday, September 13th and Friday, September 14th from 8:00 am to 5:00 pm at the Trinity River Vision Education Center located at 307 W. 7th Street in Downtown. There will be a parking lane out front so all you will have to do is pull up, give them your name and your chosen location, and they will go in and get your bag(s) and bring them to you. If you do not wish to do early pickup, your bag(s) will be waiting for you at your designated clean up location the day of the Bash.

» Join us at the After Bash party from 11:30 am to 1:30 pm for free food, soft drinks and, NEW this year… TRWD’s Hydration Station! We will provide you with water bottles that you can fill and refill with water at the Hydration Station. Radio Disney will be the featured entertainment for the kiddos. Kona Ice will be on hand for free sno cones. There will be exhibitors, door prizes and giveaways!

If you have any questions, feel free to contact me by phone at 817.335.2491 (ofc) or 817.412.9655 (cell) or by email at Brenda.fry@trwd.com. Hope to see you at the Bash!!

2012 FORT WORTH POST SCHOLARSHIP RECIPIENTS

Rebekah Marquardt

Alec Baker

Richard Marsh
October Firms
Please submit articles to CuetoA@pondco.com

Each firm will be featured in the month indicated on the schedule above. Prior to the month in which your firm will be featured, you will submit an article for the newsletter describing your firm and its capabilities and experience.

In addition, each firm will be entitled to make a two minute presentation at the regular meeting. Historically firms have chosen to bring a raffle prize (benefiting the SAME Scholarship Fund) to the meeting when they make a presentation.

JANUARY
AECOM
Alliance Geotechnical Group
AMEC
ARCADIS/Malcolm Pirnie
ARS Engineers, Inc.
Atkins
Aviation Alliance, Inc.
Balflour Beatty Construction
BD Collaborative
Bechtel – S Corporation
Bhate Environmental Associates, Inc.
Brasfield & Gorrie, LLC
Brown & Gay Engineers, Inc.
Burns & McDonnell

FEBRUARY
Carothers Construction, Inc.
CDM
CH2M HILL
CHA Inc.
Champion Commercial Solutions
CMJ Engineering, Inc.
Conti Federal Services, Inc.
CORE Construction
CPY, Inc.
Criado and Associates, Inc.
Cynergy AEC
Dannenbaum Engineering Corp.
David Mason & Associates, Inc.
Dewberry

MARCH
Alan Plummer Associates, Inc.
Dougherty Sprague Environmental, Inc.
E. W. Wells Group
EA Engineering, Science & Technology, Inc
ECC
Ecology & Environment, Inc.
EnSafe, Inc.
ETD Services, LLC dba The Davitz Group
ETTL Engineers & Consultants, Inc.
Ewing Engineered Solutions
Farnsworth Group, Inc.
Freese and Nichols, Inc.
Brown and Caldwell, Inc.

APRIL
Fugro Consultants, Inc.
Garver USA
Geo-Marine, Inc.
H.W. Lochner, Inc.
Halff Associates, Inc.
HDR
HNTB
Huitz-Zollars, Inc.
IEA, Inc.
ITSI Gilbane Company
Compliance Service Group, Inc.

MAY
B&B Roadway and Security Solutions
Faithful Gould, Inc.
Garrodonna & Associates, Inc.
JACOBS
James DeOtte Engineering, Inc.
KBR North American Government & Defense
Key Construction
Kiewit
Kimley-Horn and Associates, Inc.
Kleinfelder
Kohtaene Enterprises Company, LLC
Komatsu Architecture
LBI. Architects

JUNE (JOINT MEETING DALLAS POST)
No presentations

JULY
Leece Construction LLC
LEO A DALY
MACTEC Engineering and Consulting, Inc.
Manhattan Construction Company
Mason & Hanger
Mead & Hunt, Inc.
MECK, LP
Merrick & Company
Metropolitan Infrastructure, PLLC
Michael Baker Corporation
ModSpace
Moffatt & Nichol
Moye Consulting

AUGUST
Multatech
MW Builders
MWH
O’Brien Engineering, Inc.
PageSutherlandPage
Parsons
Parsons Brinkerhoff
Peraud Companies Inc.
PIKA International, Inc.
Pond & Company
Prime Engineering & Architecture, Inc.
Professional Services Industries, Inc. (PSI)
Ramtech Building Systems, Inc.

SEPTEMBER
Reynolds, Smith and Hills, Inc.
RMA Land Construction, Inc.
RMD Consulting LLC
Rolf Jenses & Associates
Roy Anderson Corp
RW Armstrong
Science Applications International Corp.
Smith Beckman Reid, Inc.
Soil Stabilization Products Company, Inc.
SpecPro Environmental Services LLC
Stanley Consultants, Inc.
Stell Environmental Enterprises, Inc.
 Sundt Construction, Inc.

OCTOBER
Surveying and Mapping, Inc. (SAM)
TEAM Integrated Engineering, Inc.
TerracenturPMC, LLC
Tera Tech, Inc.
The Beck Group
The CK Group.
The Ross Group Construction Corp.
The Shaw Group, Inc.
The Warrior Group, Inc.
TranSystems
Tig Hill Construction
Turner Construction Co.

NOVEMBER
US Cost, Inc.
Universal Modular
URS Corporation
VRX, Inc.
W.G. Yates & Sons Construction Company
Warrior Group
Weston Solutions, Inc.
White Construction Company
Wilson and Company, Inc.
Woolpert, Inc.
Xaxon, Inc.
Zubi, Inc.

Fine print...

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Woolpert, Inc.
Xaxon, Inc.
Zubi, Inc.
Reynolds, Smith and Hills, Inc. (RS&H) provides the Department of Defense with a single source for comprehensive project Architectural and Engineering Services, including new construction and reconstruction for a wide variety of defense infrastructure projects worldwide.

RS&H extends our 70-year history of service to Army, Navy and Air Force clients for a wide variety of facilities. Our firm has developed comprehensive defense infrastructure expertise by delivering a large number of projects through traditional design contracts, Indefinite Delivery/Indefinite Quantity A/E Services Contracts, Design/Build partnerships, as well as Multiple Award Task Order Contracts and Multiple Award Construction Contracts.

In addition to our full multi-disciplined team of registered architects and professional engineers, our design team includes Certified Energy Managers and Certified Commissioning Agents, registered fire protection engineers, Registered Communications Distribution Designers, and LEED Accredited Professionals. RS&H is a member of the International Code Council and the US Green Building Council. Our design teams have extensive experience with the Unified Facility Guide Specifications, the Tri-Service A/E/C CADD Standards, 3D visualization (BIM), and the Guiding Principles Federal Leadership in High Performance Sustainable Buildings.

Our experience includes force protection studies and designs, master planning, energy analyses, facility condition surveys, life safety and fire protection evaluations and designs, cost estimating, and base utility system repairs and expansion. Our design teams are experts at utilizing the interactive charrette process and 3D visualization to prepare comprehensive design-build criteria packages, procurement documents and construction documents for military projects.

RS&H has five Texas offices located in Dallas, Houston, Austin, San Antonio, and Tyler. RS&H is actively supporting USACE locally as a design partner on several Fort Worth District large and small business Design/Build MATOCs and through architectural & engineering services. Additionally within Texas, RS&H provides design and consulting services to NASA, GSA, DeCA, AFCEE, the Texas Adjutant General, the Department of Homeland Security, and NAVFAC at numerous federal installations. RS&H also has an extensive design program supporting the aviation, transportation, commercial building and education clients in Texas. For more information, contact Larry Sansone at 210.422.7592 or larry.sansone@rsandh.com.

RMD Consulting, LLC is an engineering firm engaged in the design of Mechanical, Electrical and Plumbing systems for facility renovations as well as new construction. RMD professionals work with owners, architects, engineers and contractors to provide quality, value-based building systems solutions. Projects have included health care facilities and hospitals, industrial and manufacturing facilities, K-12 and higher educational facilities, and federal buildings and security-sensitive sites. Currently, RMD is providing professional services for two IDIQ Contracts for the U.S. Department of Veterans Affairs, one in South Texas and one at Jack C. Montgomery VAMC in Oklahoma. Additionally our firm has a design/build project in Oklahoma City.

Headquartered in Dallas, RMD also has an office in Little Rock, Arkansas. RMD Consulting is a Certified (CVE) Service Disabled Veteran Owned Small Business (SDVOSB) founded by Navy veteran Robert “Mike” Dawes, PE, LEED AP.

For additional information, please call James E. “Bud” Brown, Jr., PE, at 972.488.8077 or visit our website: www.rmdconsulting.com.
Founded in 1921, S. M. Wilson & Co. has set the standard for every measure of success: volume, profit, repeat business, integrity and financial capability. Operating from our corporate headquarters in St. Louis and regional office in Indianapolis, S. M. Wilson provides a complete range of services, including preconstruction, construction management, general contracting and design/build for clients in healthcare, senior care, retail, education, commercial, industrial and federal/MILCON markets.

Over the years, S. M. Wilson & Co. has become a Midwest icon known increasingly for our ability to take on fast tracked, complex, high profile projects in critical and active environments. S. M. Wilson's federal/MILCON division has secured more than $100 million in federal construction contracts since its 2006 inception. Serving as prime contractor or by teaming as subcontractor or joint venture partner with small construction companies, our experience includes a state-of-the-art digital training facility, barracks, company operations facilities, dining, simulation facilities and complex training ranges. These diverse project types speak to our ability to successfully execute projects involving either heavy site - civil work, highly technical training facilities and time sensitive MILCON work on active military campuses.

The key to S. M. Wilson's longevity and reputation is understanding the importance of succeeding for and with our clients. We have built our business on the foundations of honesty, integrity and unparalleled communication. When failure is not an option, government agencies repeatedly rely on our expertise for managing their projects. We perform on time and within budget every time without incident or interruption to their operations. As a result, today, more than 75% of S. M. Wilson's business comes from repeat clients.

S. M. Wilson is one of the largest general construction and construction management firms in the St. Louis area and ranks 209th in Engineering News-Record's 2012 list of Top 400 commercial contractors nationwide. For more information, visit www.smwilson.com.

Stanley Consultants provides engineering, environmental, and construction services worldwide. From humble beginnings in 1913, Stanley Consultants has grown to over 1,100 members with 17 U.S. offices and 11 international locations. We have successfully completed more than 25,000 engagements in all 50 states and in 103 countries.

The Engineering-News Record recently ranked Stanley Consultants 63rd in its annual listing of “The Top 500 Design Firms.” In 2012, Stanley Consultants was also ranked in the top 25 in the areas of highways, sanitary and storm sewers, transmission and distribution, wastewater treatment plants, and fossil fuels.

Since our first federal USACE project in 1942, Stanley Consultants has been providing consistent and quality services in environmental, civil works, and military construction to the federal market. Our experience includes:

**Military Installations**
- Airfield Facilities
- Energy Systems
- Infrastructure/Utilities
- Vertical Construction
- Military Master Planning

**Civil Works**
- Inland Navigation
- Flood Damage Reduction
- Water Control Structures
- Coastal Development
- Hydroelectric Power

**Environmental**
- Ecosystem and Habitat Restoration
- Environmental Site Assessments
- Water and Wastewater Treatment
- Air and Water Quality

For additional information, contact:

Michelle French
314.740.9955
frenchmichelle@stanleygroup.com
Stell Environmental Enterprises, Inc. (SEE) is an 8(a), woman-owned SB headquartered in the Philadelphia metropolitan area, with office locations in Austin, San Antonio, and El Paso, Texas; and in Maryland, Virginia, and Washington state. SEE also maintains project offices at federal facilities in numerous locations across the nation. Since incorporation in 2004, SEE’s growth has been consistent and measured, resulting in financial stability and current federal contract capacity approaching $40 million.

In our restoration, compliance, and technical support services practices, SEE provides AE and professional environmental services from NEPA and cultural and natural resource surveys to remedial and munitions investigations. SEE provides client site program support to Army installations in the areas of energy and NEPA support, cultural and natural resource management, environmental compliance, pollution prevention, range sustainability and integrated training area management, and facility management.

SEE currently holds more than a dozen competitive and sole-source prime contracts with the U.S. Army Corps of Engineers Districts, including Fort Worth and Tulsa, as well as contracts with the U.S. Navy and the National Guard Bureau. As a subcontractor team member, SEE supports two Fort Worth District ERS contracts. Since 2006, SEE has delivered $10 million in support to the District on 30 task orders. Of the 19 TOs that have received ACASS ratings, 95% have been “Exceptional” or “Very Good.”

SAME 2012 Small Business Conference (SBC) for DOD Engineering, Construction and Environmental Programs, taking place Dec. 10-12, 2012, at the Gaylord Texan Resort & Convention Center, Grapevine, Texas.

This unique conference is designed to promote partnerships and contract opportunities between small businesses and Department of Defense (DOD) agencies as well as networking opportunities between small and large businesses. SAME is proud to bring together high-ranking representatives from the U.S. Army, U.S. Air Force and U.S. Navy who all share a common goal of helping small businesses succeed in the DOD market.

This year’s Small Business Conference presents unparalleled opportunities to network with USACE, NAVFAC and Air Force leaders and representatives from nearly 200 companies in the Exhibit Hall. Exhibiting companies have a company profile in the printed program that provides valuable information on their business capabilities. For the Army, Air Force and NAVFAC, contact information for leading authorities in the contracting, program and small business fields along with their photos are included. Thus, the Exhibit Hall serves as a foundation to pursue federal work and the Conference Program serves as a resource tool to keep partnering efforts alive and well long after the close of this conference.

Go to: http://s3.goeshow.com/same/business/2012/index.cfm
MEETING MINUTES: 6 AUGUST 2012

SUBJECT: Minutes of SAME Fort Worth Post Board Meeting


2. Minutes of the 2 July 2012 Board meeting were approved.

3. The treasurer report indicates a balance of $11,075.54 in the checking account and $17,225.57 in a savings account. Total operating assets for the Post were $28,301.11. The Raymond Losornio Memorial Scholarship Fund inviolate principal is $87,000.00. The total Post Education and Mentoring Assets at the end of November were $29,664.85. Cindy Brewington presented an update on our portfolio.

4. Individual membership is 690 with 254 members not included in our 119 Sustaining Firm membership. We currently have 60 Young Members.

5. Committee reports were presented. Meloni McDaniel reported on Communications Committee activities. Jodi Davis reported on Small Business Committee activities. Sarah Cole reported on Programs. COL Lem DuBose reported on our Abilene Chapter activities. Eric Canales reported that the bench dedicated to Wounded Warriors has been delivered. Mike Doris reported on his designation to pursue available certifications for Wounded Warriors as the SAME point of contact. Meloni McDaniel reported on her endeavors to establish a Twitter Page. The Golf Tournament scheduled for 5 October will include a silent auction of memorabilia.

6. Meloni McDaniel indicated that a networking event will be held in August. A Hard Hat Tour has been scheduled for 20 September to DFW construction. Jimmy D. Baggett, Post Secretary

NEWSLETTER SUBMISSIONS

The SAME Fort Worth Post news is published monthly for the benefit of SAME individual members and sustaining member firms. If you have questions/comments or wish to submit an article, please contact Jennifer Batchelder at JBatchelder@ga-inc.net. All submissions are due two weeks before the next monthly post meeting. Articles may be submitted in MicroSoft Word. If you wish to include a logo or graphic, please provide this in any graphic format (i.e. jpg, tiff, eps, png) to maintain quality.
United States Marine Corps Brings Leadership Courses to Wounded Warriors

Coral Anika Theill, Salem-News.com

"Thinking about that day, my injuries was a life changing experience; something bad did not occur but rather something changed. My Marines, my Marine Corps, my family depend on me to represent myself as a MARINES CORPORAL!"

- Corporal Brandon Rumbaugh, USMC, Distinguished Honor Graduate

(BETHESDA, MD) - The United States Marine Corps and Walter Reed National Military Medical Center led the way in bringing leadership courses to wounded warriors so they can concentrate on their future goals. This new opportunity makes a loud statement to the world and the Marines who have sustained wounds during deployment that their injury does not have to be the end of their careers.

On January 16, 2012, seventeen U.S. Marines, presently assigned to Wounded Warrior Battalion East, Bethesda detachment graduated from the Corporal's Leadership Course at Walter Reed National Military Medical Center in Bethesda, Maryland. This was the first time the formal professional military education was offered on site for wounded, ill and injured Marines assigned to a military treatment facility. Corporal's Leadership Course is a professional program in the Marine Corps that equips and prepares junior enlisted Marines to effectively transition from subordinates to small unit leaders. Staff Sgt Christopher D. Maddox, Gunnery Sgt Boris K. Peredo and Staff Sgt Thomas B. Kowaleski from Training and Education Command, Quantico, Virginia, taught the first-ever Corporals Course in a military treatment facility.

First Sergeant Michael Barrett, Detachment 1stSgt, Wounded Warrior Battalion East spoke proudly of the graduates. "Our wounded Marines and staff member that are in attendance speak volumes of how our Marines continue to maintain the "Warrior Spirit". Even during the rigors of rehabilitation and the uncertainties of the future, our young leaders of Marines continue to make every attempt to strive for personal and professional success. I cannot begin to tell you how proud I am of these hard chargers. Words cannot describe what they have accomplished. They have set an example for everyone to emulate throughout the United States Marine Corps."
Corporal Tyler Southern was nominated by his peers to receive the **Distinguished Gung Ho Award** for the 607 Corporal's Leadership Course. The Gung Ho award is presented to the Marine who possesses the intellectual honesty and morale courage to put aside self interests for the good of his unit, demonstrates the tenacity and self-discipline that is in keeping with what is known as a "Can Do" attitude and the Gung Ho Fighting Spirit of the Marine Warrior; an individual who clearly exemplifies Marine leadership by example, fosters the concept of "working together" as a team (GUNG HO) and demonstrates a tireless and unselfish effort in taking care of Marines.

After the graduation ceremony, the Marine graduates presented their leaders, Staff Sgt Christopher D. Maddox, Gunnery Sgt Boris K. Peredo and Staff Sgt Thomas B. Kowaleski, with award plaques they had crafted to show appreciation for their leadership, skills and expertise. The Marine students, currently assigned to Wounded Warrior Battalion East, Walter Reed National Military Medical Center, constructed the plaques from prosthetic devices that were no longer serviceable.

At the closing of the ceremony the graduates and heroes were given a thunderous roar of applause, "oorahs" by Marines in the audience, and a well-deserved standing ovation.

**History and Development of the First Corporal's Leadership Course at Walter Reed National Military Medical Center**

When Captain Aloysius M. Boyle, USMC, Company Commander Wounded Warrior Battalion East, took command over a year ago at Walter Reed Army Medical Center in Washington D.C., he noticed a few things about the Marines. First, that while the Marines were recovering and rehabilitating from wounds received in combat, they were being treated like patients. At first glance, Capt Boyle points out, that makes sense due to them being in hospitals. However, what he noticed was that their treatment as a patient was overshadowing who they really were - United States Marines. As a result, many people in the hospital would call them by their first name, and due to their wounds, injuries or illness they rarely were in uniform or wearing their hard-earned rank.

"I found this to be undermining them," explained Capt Boyle, "and urged the hospital staff (civilian, military, medical, and non-profit) to talk to them and use their rank. When they lost their limbs, they did not lose their fighting spirit, and they did not lose the rank they worked for so many years to earn. By not using their rank, in a sense, we were saying their accomplishments were also amputated from their existence - not the case. This, in of itself, was a big deal for their psyche. When treated like Sergeants..."
and Corporals, their zeal and recovery seemed more rapid. They found strength in each other and that was palpable. You can ask any of the Physical or Occupational Therapists; it made a huge difference.

"So, when we got settled at the Walter Reed National Military Medical Center in late August, I knew I wanted to have a full-fledged Corporal's Course. I tasked one of our Platoon Commander's, Gunnery Sgt Christopher Clookey, to organize and communicate with the Staff Noncommissioned Officer's Academy in Quantico, Virginia. He worked directly with them and Gunnery Sgt Peredo to develop an unmodified Corporal's Course for our junior Marines. To me, it was imperative, that we bring down instructors from the school house in Quantico to teach this course unmodified. In doing so, it would not only make our Marines more eligible for promotion, but would renew their zeal for the USMC. I think this was palpable on graduation day. It wouldn't have happened without Gunnery Sgt Clookey and Gunnery Sgt Peredo working directly together to build a schedule that went for two straight weeks (including weekends). The hours were grueling and the work-load intense when coupled with their physical and occupational therapy, as well as other time obligations (family, school, appointments, etc.).

"I knew this program would further their recovery. Corporal's Leadership Course is designed to equip and prepare Marines to smartly transition from subordinates to small unit leaders. They will gain insight on key facets of their new grade/rank and responsibilities and are thus prepared to take on future leadership challenges. What the Marines walk away with from this course is leadership skills, a new outlook on different physical training programs, the history of the Noncommissioned officer, sword and guidon manual, patrolling, counseling and mentoring Marines, as well as professional knowledge for assuming greater responsibilities and a contribution to the USMC. I could not be more proud of these heroes and their indomitable spirit."

Corporal Brandon Rumbaugh's Story -
Still in the Fight

Corporal Brandon Rumbaugh, from Philadelphia, Pennsylvania, joined the Marines in November 2007 with only one goal – be the best Marine he could possibly be. He achieved that goal. Within a short time, Cpl Rumbaugh became a squad leader. He redeployed to Helmand Province, Afghanistan in September 2010, with the 1ST BATTALION, 8TH MARINES. Cpl Rumbaugh, while conducting combat operations, was severely wounded in Afghanistan on November 9, 2010 when he hit an IED, suffering one above the knee and one below the knee amputation. When Lance Corporal Richie Chavis stepped on an IED in Helmand Province, Afghanistan, Cpl Rumbaugh grabbed a stretcher and rushed toward him.
Rumbaugh stepped on another IED causing a blast, throwing him into a back flip. Rumbaugh says, "I have no regrets. Both of us lived. If I had hesitated, my friend may have died. I did it serving my country. I wouldn't take any of it back."

"The bond that Marines share with one another cannot be found anywhere else," said Cpl Rumbaugh. "We are a very small brotherhood that I can honestly say would take a bullet for any given Marine at any time, without question. It is what sets us apart from other branches of the military. My platoon Sergeant, Staff Sgt Glen Silva, is also a patient at Bethesda."

"He is the main reason why I come to work every day and put forth such an effort. He has been my direct support here while I have been going through this whole process of recovery at Walter Reed National Military Medical Center. If I need anything, he is always my 'go to guy.' It doesn't matter what it is or what time of the day it is. He will drop everything just to come and talk to me. If there is one Marine I would like to emulate, it would be him. He is my role model."

"My Section Leader, Sgt Eric Wheeling, at WRNMMC, played a huge part in my recovery. Besides being the Marine in charge of me during my stay here, he is a very close friend who has guided me through tough times. As my trainer for the Wheelchair Games, he pushed me day in and day out. He made me believe that settling for anything less than gold was not acceptable. He spent countless hours after work training me and pushing me to become the Marine I am today. I can't thank him enough for everything he has done for me."

Chair Warriors

Cpl Rumbaugh won the Bench Press Championship at the 31st National Wheelchair Games in Pittsburgh, Pennsylvania, in August 2011. His pre-injury bench press weight was 450 lbs. He pressed 280 in the Wheelchair Games, over twice his weight, just twenty-one months after his injury in Afghanistan.

Cpl Rumbaugh shared, "Competing in the Wheelchair Games with veterans who share similar challenges was both inspiring and motivational."

Sgt Wheeling, Cpl Rumbaugh's trainer, believes that the Wheelchair Games are "extraordinarily therapeutic" for the patients at WRNMM. You can view Corporal Brandon Rumbaugh's Wheelchair Weight Lifting Competition at: http://www.chairwarriors.com/part1/ & http://www.youtube.com/watch?v=YsgOu8eJbTA.

"Corporal's Course was also another big step for me. I learned so much in a short period of time. Through their encouragement and the knowledge I gained from my instructors, Gunnery Sgt Peredo, Staff Sgt Maddox and Staff Sgt Kowelski, I felt strongly that the U.S. Marine Corps is where I want to continue to serve. There is no doubt in my mind that I will have
the tools to successfully train young Marines to a high standard, to the exact standards the instructors from Corporal's Course instilled in me and my fellow classmates on a daily basis,” Cpl. Rumbaugh said.

Cpl Rumbaugh is determined to help other Marines prepare for combat and has aspirations to move to North Carolina to help train Marines at the School of Infantry at Camp Geiger.


Homes for Wounded Warriors is building Cpl Rumbaugh's house. "They are a great group of people," Cpl Rumbaugh shares, "and have been very supportive in many ways. The founder, Captain E. Markus Trouerbach, an active duty Marine, has been my mentor throughout my recovery process. A lot of my success is due to his knowledge, motivation and amazing leadership."

*Photo Credits: Lance Cpl. Daniel A. Wetzel*

**Graduates and Heroes Share Their Stories**

**Video: "Still in the Fight"**

A U.S. Marine, Mike Corrado wrote "Still In The Fight" as a way to draw attention to the struggles many service men and women face after being wounded in combat. ‘Still In The Fight’ is dedicated to our Wounded Warriors, who have sacrificed so much for their country. Though they may be far from the battlefield, their fight for recovery continues. For those 'Still In The Fight,' this is their fight song.

The video features three heroic wounded warriors; Marine Lance Corporal Kyle Carpenter, Marine Master Sergeant William "Spanky" Gibson, Marine Corporal Aaron Mankin. This song & video are dedicated to all the wounded warriors, past and present. Proceeds benefit the [Fisher House Foundation](http://www.fisherhouse.org); they provide a "home away from home" for military families to be close to a loved one during hospitalization for an illness, disease or injury.

**2ND BATTALION, 9TH MARINES**

In July of 2010 Lance Corporal Carpenter deployed to Marjah, Afghanistan in support of Operation Enduring Freedom. LCpl Carpenter was injured by an enemy hand grenade November 21st, 2010 where he sustained loss of his right eye and frag wounds to the face.

"I think for guys who get severely injured and can’t move forward, it’s because the ‘what-ifs’ absolutely destroy their recovery. It’s human nature for everyone to say ‘what if,’ but I try to snap out of it as quickly as I can because I’m never going to be able to go back and change what has happened.” - Lance Corporal Kyle Carpenter
Cpl Todd Love was point man on a foot patrol on the morning of October 25th, 2010 when he hit an IED, suffering double hip-disarticulation, and the amputation of his left knife hand below the elbow.

On March 5, 2010 Lance Corporal Tyler Southern deployed with 1/2 Weapons Company for combat missions in Afghanistan.

While conducting a combat mission on May 05 of 2010, Southern stepped on a 10 pound pressure plate which activated an I.E.D He sustained a bi-lateral above the knee amputation and left arm below the elbow amputation.

Walter Reed National Military Medical Center Bethesda Corporal’s Leadership Course Graduates

In his speech at the Corporal's Leadership Course graduation, Sergeant Major Dennis W. Reed, Sergeant Major of the Marine Corps Combat Development Command, used the analogy of sports while speaking to the graduates. "Sports announcers and fans look at football players as heroes at the height of a game. The fans applaud them for making brave decisions on the field," explained Sgt Major Reed. "I always tell people, if you want to meet real heroes, here they are. These are guys who make brave decisions and put their life on the line and pay the price for it." He encouraged the graduates to teach their fellow Marines and subordinates the standards they have learned in the Corporal's Leadership Course and enforce them. He said, "Proficiency is a skill, professionalism is a way of life. You, the NCO's, are the backbone of the Corps."
There are many great foundations and non-profits to assist our wounded warriors. One of the non-profit foundations that has been really engaged over the past year and seems different than the others, is the Travis Manion Foundation. They are committed to keeping alive the spirit of service exemplified by all those who have given their lives in defense of our nation.

Their foundation has supported our Marines/Sailors in many ways, i.e, HM3 Raffetto, Cpl Rumbaugh, and 1stLt Fallon. As tuition assistance is getting cut across the Marine Corps, they have helped by providing funds to some of our wounded warriors so that they can continue with their education plans and make a successful transition. This program is called Challenge Grants. Essentially any veteran or spouse can apply for a grant and they will fund it.

For example: a Non-Medical Attendant wants to be Red Cross certified so she can better care for her husband/son. They apply for a grant and the Travis Manion Foundation will fund the entire cost. Additionally, they have a public speaking seminar called Character Does Matter. In these forums, they go into the community or high schools and talk about the importance of character and value. Cpl Brandon Rumbaugh will be participating in these forums in the near future.

Another non-profit organization is Quality of Life Plus. The mission of the Quality of Life Plus (QL+) Program is to foster and generate innovations to aid and improve the quality of life of those injured in the line of duty, an objective that closely echoes the Wounded Warrior Project’s (WWP) own mission to
"honor and empower our nation’s wounded warriors." A central focus of their program is to provide a technological advantage to aid injured Veterans as they reintegrate into the civilian workforce. QL+ innovations can help overcome the physical obstacles that may otherwise limit job opportunities, enabling those with service-related injuries to effectively compete with other jobseekers.

Service members severely injured by roadside bombs and other weapons used against them face lengthy and difficult recoveries. Military hospitals seek new ways to improve their quality of life, aid healing, and reintegrate them into society. In 2007 Musicorps began a revolutionary program at Walter Reed Army Medical Center to help war veterans adjust to postwar life and help cope with trauma. Musicorps – an intensive music rehabilitation program at Walter Reed Medical Center – is an unprecedented approach that helps achieve these goals.

Musicorps replicates “real world” music relationships so that service members work on, and are motivated to work on, robust goal-oriented projects. Musicorps integrates individualized projects, regular visits by highly accomplished musicians, and the use of specially-assembled computer-based music workstations along with traditional instruments. Visiting musicians guide participants throughout their projects, offering everything from instrumental instruction to production assistance. Working in whatever musical style they prefer, participants are able to learn, play, write, record, and produce original material. Musicorps can accommodate any wounded warrior, regardless of musical background or other circumstances. “This gives us a piece of us back.” - Sergeant Nicholas Firth, Musicorps’ first participant.

**How You Can Get Involved through Volunteer Work and/or Donations**

Here are a few of the Wounded Warrior Programs that have made a huge difference in the recovery of our nation's heroes:

- Homes for Wounded Warriors [www.hwwp.org](http://www.hwwp.org)
- Homes for our Troops [http://www.homesforourtroops.org/site/PageServer](http://www.homesforourtroops.org/site/PageServer)
- Semper Fi Fund [http://semperfifund.org/](http://semperfifund.org/)
- Quality of Life [http://www.qlplus.org](http://www.qlplus.org)
- Musicorps [http://musicorps.net/About.html](http://musicorps.net/About.html)
- Racing for Our Heroes [http://www.rfoh.org/home.htm](http://www.rfoh.org/home.htm)

**The Salem-News.com staff** sends our congratulations to all the graduates of the First Corporal's Leadership Course at Walter Reed National Military Medical Center.

*We know you will achieve great things. Thank you for your service and sacrifice. Your spirit, strength, resilience and courage inspires us all. Our prayers are with you.*
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